

What is

MONKEYPOX?

Monkeypox is a virus that appears as a distinctive rash, and spreads through close contact skin to skin, sex, kissing, and breathing at close range.

How to protect yourself:



Cover exposed skin in crowds



Don't share bedding or clothing



Ask close physical contacts about recent rashes or sores



Stay aware when traveling to outbreak countries

See a provider right away if you have a rash, or if you have been in contact with someone who has monkeypox.

Stay home if you feel sick.



For more information, visit:
<https://direc.to/iaE6>



Santa Clara County
PUBLIC HEALTH