

*What is*

# MONKEYPOX?

**Monkeypox** is a virus that appears as a distinctive rash, and spreads through close contact skin to skin, sex, kissing, and breathing at close range.

## How to protect yourself:



Cover exposed skin  
in crowds



Don't share bedding  
or clothing



Ask close physical  
contacts about recent  
rashes or sores



Stay aware when  
traveling to outbreak  
countries

See a provider right away if you have a rash, or if you have been in contact with someone who has monkeypox.

**Stay home if you feel sick.**



For more information, visit  
<https://direc.to/iaE6>



Santa Clara County  
**PUBLIC  
HEALTH**