

WE CHOOSE

Traffic Safety Tips



Share the road safely with all other users, no matter what type of transportation you choose to use. Car drivers should use extra caution while driving near pedestrians and bicyclists.



Walk for a Healthier Life - Walk Safe!

- Walk on the sidewalk – Always use sidewalks when available. If there is no sidewalk, walk on the left facing oncoming traffic.
- Look before you cross – Look left, right, and left again before crossing a street.
- Use the crosswalk – Always cross at corners or at a marked crosswalk, where drivers expect you.
- Make eye contact – Don't assume drivers see you. Make eye contact with drivers before stepping off the sidewalk.
- Be alert - Look for cars coming from all directions before entering the street - including from behind you.



Wheel Your Way to Fitness - Bike Safe!

- Wear your helmet – It's the law for children and youth under 18. Helmets should fit snug, sit level on your head just above your eyebrows, and always be buckled firmly under your chin.
- Be predictable – Obey all stop signs and traffic signals. Ride on the right, in the same direction as traffic. Follow the same rules of the road as car drivers.
- Be visible – Wear bright clothing, use a headlight (front white light) and taillight (rear red light and reflector).
- Be alert – Watch out for drivers turning left or right, or coming out of driveways. Avoid the door zone from parked cars. Yield to pedestrians.
- Share the Path Safely - Pedestrians have the right of way on walkways and paths. Give an audible warning when you pass on your bicycle. Keep to the right and pass on the left.



When connecting to transit - Be Safe!

- Don't run to catch a bus or train - Running to catch a bus or train can be dangerous, especially if the operator is pulling out of the stop or station.
- Walk your bike or skateboard - Walk your bike or skateboard while on the train platform.
- Store bikes properly - Store bicycles in bike racks.
- Safely load and unload your bike - To load your bike, stay on the curb until the bus comes to a complete stop. To unload your bike, please exit from the front of the bus and remind the operator that you have to remove your bike.
- Visit the Santa Clara Valley Transportation Authority (VTA) website: <http://www.vta.org/safety> for more information on transit safety.



Be Safe! Avoid texting, phone calls, or other distractions while walking, biking, and driving.

Visit sccphd.org/wechoose to learn more about walking and biking safely every day!

