

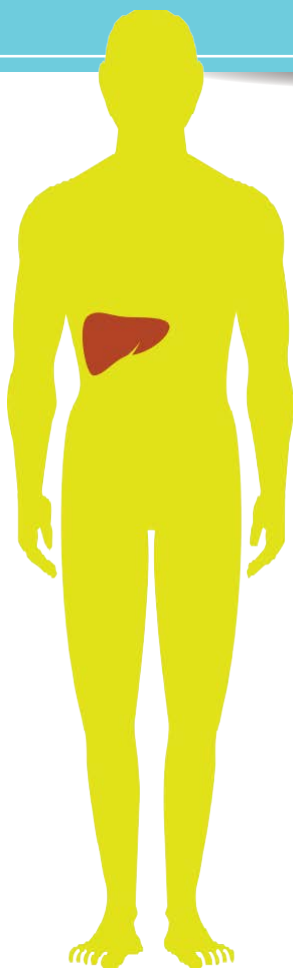
# HEPATITIS A VIRUS INFECTION

## Why Should You Care About Hepatitis A?

If a person has an infection with the hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months. In some cases, people can die because of hepatitis A.

## How Does Hepatitis A Spread?

- Touching objects or eating food that have been handled by someone with hepatitis A infection
- Having sex with someone who has a hepatitis A infection



## What Are the Symptoms of Hepatitis A?



Fever



Fatigue



Nausea



Loss of appetite



Jaundice  
(yellowing of the  
skin or eyes)



Stomach  
pain



Vomiting



Dark urine,  
pale stools, and  
diarrhea

If you think you have hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room. Always wash your hands with soap and water after going to the bathroom and before preparing food.

## How Can You Prevent Hepatitis A?

- Wash hands frequently with soap and warm water after using the bathroom, changing a diaper, or before preparing food
- Get two shots of the hepatitis A vaccine (one now and a 2nd in 6 months)
- Don't have sex with someone who has hepatitis A infection
- Use your own towels, toothbrushes, and eating utensils
- Don't share food, drinks, or smokes with other people

## For More Information

- [www.sccphd.org/hep-a](http://www.sccphd.org/hep-a)